Training Report

Fruit Processing, Preservation & Marketing

At

District Bagh Azad Kashmir



(November 2008)

Local Govt & Rural Development Department (LG&RDD)
Community Infrastructure Services Programme (CISP)
Support to Women & Children Initiative (SWCI)













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Message

By Minister Local Government and Rural development, Government of Azad Jammu and Kashmir

Green and Skilled Kasmir have been the dream and a real development agenda of the present Government to bring prosperity in the State of Azad Jammun and Kashmir. From the very first day, The government tried his best to address each development sector especially the rural development. We have put maximum of all the available resources to bring change in the lives of state dwellers.

It is moment of great pleasure for me to know that CISP and CSP in collaboration with Local Government and Rural Development Department are jointly working for the uplift of living standards of rural folk especially the women. I appreciate the activities of these organizations to initiate the income generation activities through training of female communities in fruit processing and preservation techniques. I am sure that these efforts will definitely increase the income level of rural poors and help the government's efforts for poverty reduction in the State. These training courses will also reduce a handsome amount of the wastage of fruits produced with the farmers. I am sure all this would accelerate overall production function of the State economy as well. I pay thanks and wish all the best for the sponsors, course organizers, the field staff and every one involved in these activities.

Wish you good luck to all

Raja Naseer Ahmed







Message

By Secretary Local Government and Rural development, Government of Azad Jammu and Kashmir

A true and sustainable development can never be achieved unless the women folk are focused for their participation in each development sector. Training courses organized for female community activists for learning new techniques in fruit preservation and marketing would definitely play a vital role in the rural development. In this regard, efforts to develop and mobilize human resources by CISP and CSP are very valuable and appreciable. I hope that after completion of these training courses on fruit processing, preservation and marketing, the rural women would be enabled to enhance their income level as well as maintain fruit production as a sustainable livelihood for them. The department would welcome and be ready for any kind of assistance needed for conduct of such training courses.

Hope best of all.

Sheikh Tariq Bashir







Message

By Project Director

Nature has gifted the territory of Azad Jammun & Kashmir with abundant natural resources. These resources are capable of generating enough benefits for the communities and they can become sustainable sources of livelihoods for them. Agriculture especially through fruit production can play a significant role in the uplift of rural economy. The landscape, climate, farming system, and the soils of AJK offer a great potential to establish a fruit industry.

At present, a huge amount of fruit produced in AJK is wasted every year and farmers do not get proper benefits of their farm production. There is a great potential to develop a community level culture for fruit preservation and marketing of these fruits. Reports say that the rural women can play a pivotal role in fruit processing and preservation.

In this regard, the efforts of CISP and CSP to address the women folk are admirable. I am sure that the training courses organized for learning fruit preservation techniques to the rural women would not only save a bulk of farm produce every year but also increase the income level of the farmers. I hope that the community would equally respond to these activities and will cooperate through their active participation in these courses.

I wish good luck for all.

(Muhammad Hamayuon Khan)







Situation Profile

The earthquake of 8 October 2005 caused heavy life losses and mass destruction of properties and livelihoods. Although the affectees needed immediate relief goods for their survival, however, it was badly needed to enable the survivors stand on their own feet once again. A good approach to rehabilitate the people was to convert the challenges into opportunities through a long term planning for restoration of their livelihoods on sustainable basis.

For the planners, policy makers and development workers, it would be useful to know that nature has endowed the territory of AJK with abundant natural resources of forest lands, agricultural lands, water reserves, diversified agroclimates, wild life, fisheries, minerals, and a hard working human resource. Whole territory of the State of AJK mainly comprises of Himalayias, and Hindukush mountain ranges stretching from North to South. The characteristic landscape and climatic conditions offer a high potential for growing variety of fruit plants on commercial basis. Homestead gardens and kitchen gardening have been an important rural activity and an integral part of farming system in the remote areas. However, in addition to other reasons, a considerable amount of fruit produced is spoiled before and after harvest due to lack of storage facilities and marketing mechanism. Inspite of having all these strengths and opportunities; farmers cannot fetch reasonable economic returns from their fruit harvests. The phenomenon forces the communities to shit their focus on alternate income sources and they do not rely on fruit industry as a sustainable livelihood.

Keeping all that situation in picture, need was identified to arrange such training courses for the rural communities which could enable them to preserve their different kinds of fruits to save from losses and to design such marketing methods and ways that communities could raise their financial health.

CSP organized four training courses on fruit processing, preservation and marketing in district Bagh AJK for female CBOs members. A unique methodology was adopted for the conduct of each training course to make them more useful. This comprised of two phases, i.e.;

Phase-I: A 3 days formal on-campus training with extensive theoretical

and practical learning hours for fruit preservation techniques.

Phase-II: Seven days practical exercises/activities in the field for exploring

marketing opportunities/techniques.

More than 279 female participants from female CBOs (68 in each course) were trained during the program activities.







OBJECTIVES

Women folk being half of the rural population remained the main focus of these training courses. The main objective was to save the fruit which may be spoiled as a result of field and storage losses. The program included transfer of some modern techniques of fruit preservation at domestic level to the rural women of the farming communities of district Bagh AJK.

The specific objectives were set as follows;

- To review local and women related income generation opportunities.
- To get knowledge of benefits of fruit preservation at commercial, semicommercial and non -commercial levels.
- The modern methods and techniques used to preserve fruits in different ways for long time utilization.
- Preserve seasonal and non-seasonal fruit successfully for their domestic consumption and commercially by using modern methods of fruit preservation.
- To establish linkages with markets for the sale of their product.

If the trained participants fully utilized the skills learned during training on fruit preservation will hopefully increase their income level, reduce their poverty to some extent, manage the livelihoods on sustainable basis, promote market mechanism, will encourage local level employment attitudes, reverse the resource losses, and increase the economic activity at the village level. If the trainees are followed up properly, the whole program may act as a role model for other areas. That may open new horizons for future planners and donors to initiate development interventions in coming projects.







Training Methodology

Four training courses were organized on demand coming from the female communities. That is why community participation was ensured at every stage of training. Training material (as training manual, file cover, writing pad and pencil were developed with coordination and consultation of officials of CISP/LG & RDD before the implementation of training program. Community



Development Officers (CDO) and Community Organizers (COs) of CISP and CSP field team nominated the interested and suitable female candidates from female CBOs in consultation with respective community activists. CSP selected the training venue, menu for the participants and accommodation for CSP field team who served as resource persons, support staff and field assistants.

Participant's registration was done by Madam Nazia Fruit Preservation Training Assistant (Annexure A). The attendance of the participants was taken on specified sheet (Annexure B). All the training activities were monitored very closely and feed back of each session was taken on evaluation proformas circulated to all the participants. The coming sessions on the



following days were made more effective in the light of comments registered by the participants through these forms (Annexure C). Every day, training session started at 09:00 a.m. and was closed at 03:00 p m. The interaction between participants was ensured through intensive group discussions, brainstorming sessions, and question-answer sessions. Participants were given practical exercises and asked for group presentation.

Trainers used to deliver lectures on the first day of the every training event and the second day was reserved for practical exercises of fruit preservation methods. Participants were asked to demonstrate these methods on third day of every training course. At the end of every training course, CSP Field Assistants provided technical assistance to most of the interested trained community activists in the establishment of fruit preservation centres at their respective villages. Mr Khurshid Ahmed Deputy Director CISP/LGRDD monitored the training program activities.







Training Schedule:

S. #	Venue	Duration	PAX Trained	Facilitators	Dates
1	Dheerkot	3 days	59	 Shazia Jamshaid, Nazia, Raja Maqbool AD Agriculture 	6 to 8 Nov, 08
2	Bagh	3 days	98	 Shazia Jamshaid, Nazia, 	9 to 11 Nov, 08
3	F. Kahuta	3 days	68	 Shazia Jamshaid Nazia 	12 to 14 Nov 08
4	F. Kahuta	3 days	64	Shazia Jamshaid Nazia	12 to 14 Nov, 08

- At Bagh, an exhibition was organized in collaboration with CISP/LG&RDD/Agriculture department and CBOs which was visited by more than 300 public representatives.
- More than 11 sign boards addressing fruit preservation centres at village level were displayed at various places
- 36 banners were also displayed at various public places having messages regarding fruit preservation and marketing at local and national level.
- Course completion certificates and training manuals were distributed among the 279 female community activists (specimen is attached as annexure D).







Proceedings of the Course

Registration:

Before the formal conduct of course, each participant was given a set of training material comprising of training manual, file cover, writing pad and pencil. Participants were registered through filling registration forms given to everyone.

Introduction:

The course formally started with recitation of few verses of Holy Quran by one of the participant. Then each participant introduced herself. It was a homogeneous group of young women found ambitious for learning fruit preservation techniques through the training course.



Expectations:

Participants normally come up with some fears and expectations from the training course they are going to participate. For the professionals engaged in human resource development, it is a useful practice to get familiarized with those fears and expectations. This feed back helps to incorporate the necessary changes/adjustments in the training methodology, contents, or any other event to make that training more effective and useful. Some norms are also set before the formal commencement of course. For this purpose, the participants were divided into three groups and asked to write down their possible fears and expectations on flow charts. After group work, these charts were collected and discussed thoroughly. Later on, these charts were pasted on walls of training hall. The following expectations were noted down from the group work;

- 1- To learn new methods of fruit processing and preservation
- 2- Capacity building regarding marketing of fruit preserved
- 3- Getting introduced new methods of fruit and food processing
- 4- To ensure the implementation of training at field level
- 5- Promotion of awareness regarding fruit preservation
- 6- Training should be beneficial to uplift the standards of common life.







Fears:

- 1- The duration of the training could be too short, to achieve the objectives.
- 2- Transfer of knowledge would not be as good as needed
- 3- The atmosphere of training might not be suitable
- 4- Tea and lunch might not be arranged properly
- 5- Participants fail to preserve local fruit as off season is there

Setting Norms:

- 1. Participants have to follow the time schedule during the course
- 2. Full concentration should be paid to each training session.
- 3. An overall discipline should be maintained
- 4. During question/answer session, one should speak at one time
- 5. There must be positive criticism (in any) and only for earning
- 6. There would not be display of any political and religious affiliations
- 7. Everyone has to respect others point of view
- 8. All mobile phones should remain off
- 9. Everyone has to attend both the theoretical session and practical work







Course Introduction:

Mr. Raja Maqbool Hussain Assistant Director Agriculture welcomed the participants and thanked for their participation in the training course. He explained the objectives, and outlines of the course. He introduced the participants with total fruit production in AJK, the amount and types of fruit losses occurring every year and the reasons of these losses. He explained the importance of fruit preservation and its need as a sustainable livelihood for the rural women. He pointed out certain local fruits, which could be preserved and marketed in the local and national markets. He covered all the theoretical aspects of fruit and vegetable preservation in AJK. He also highlighted the process of coordination mechanism between CISP/LG & RDD, CSP and agriculture department that made possible to organize such a valuable training activity for the rural women. While explaining few lessons learned through his professional experience, he shared some success stories and examples of some failures for the guidance of participants.

Practical Exercises:

Madam Shazia Jamshaid Technical expert started the most relevant session and assigned the participants to identify the local fruits especially the fruits that could be used to preserve in any shape of local culture. The most of the participants identified a long list of local fruits but failed to share experiences regarding fruit preservation.

On the second day of each training course, Madam Shazia Jamshaid used to demonstrate practically the preparation of fruit jams, jellies, pickles, ketchups and other dishes prepared by fruits. She also shared some interesting experiences regarding fruit preservation and marketing. Similarly, the participants what so ever they had learned the





previous day kept every third day of training for the practical demonstration. Participants showed keen interest during the practical exercises and prepared many every product, which they learned.







All the training sessions were closely monitored and evaluated. For this purpose, the participants were circulated evaluation proformas (in Urdu language) at the end of each session. In the light of feed back taken from these proformas, the coming sessions were to be made more effective. Participants were appreciated if they participated in discussions.

Exhibition:

On third day of training at Bagh, an exhibition was organized to promote the local fruit preservation methods and marketing at local and nation level. The trained female community activists from Dheerkot and Bagh displayed many products prepared by preserved fruits and vegetables. More than 300 female and male community activists, key social



personalities, business men, officials of line departments, principals of boys & girls colleges, Administrator Municipal Corporation Bagh, representatives from local NGOs & CBOs etc. visited the exhibition and also purchased the fruit products prepared by the communities. Mr. Muhammad Hammayun Khan Project Director CISP/LG&RDD inaugurated the exhibition. He appreciated the work of organizers and female community activists for their active participation in the exhibition. He explained that CISP is going to extend for further three years in which female participation would be compulsory at every stage of the project activity. This activity proved to be a potential source of encouragement for the trained activists who had established fruit preservation centres at their respective villages.

Establishment of Fruit Preservation Centres:

At the end of every training event, CSP field assistants supported the interested community activists in establishing community fruit preservation centres at village level. At these centres, trained female will display preserved fruits like jam, pickle, dry fruits and vegetables. These centres will be supportive for preserved fruit marketing at local and national level.









As an out come of these training courses, CSP was able to establish 11 Fruit Preservation Centers in district Bagh (4 at Deheer kot, 5 at Bagh and 2 at Farward Kauta). Mr .M Hammayun Khan PD CISP/ LG&RDD visited one centre at Bagh along with his monitoring team during his visit at Bagh AK. CSP fixed signboards for each centre pointing out title FRUIT



PRESERVATION CENTRES at respective villages. These signboards would be helpful for the people to identify the fruit preservation centre in the villages as a part of accessible marketing. In addition, CSP also displayed 48 banners having motivational slogans and messages to mobilize communities and businesspersons for promotion of this activity at their respective areas for income generation activities, especially for women. Local NGOs and line departments had appreciated this activity.

Monitoring:

Mr.Khurshid Ahmed Deputy Director Human Resource Development (Dy Dir. HRD) CISP/LG&RDD was deputed to monitor the entire training program at district level.

He monitored the whole program with keen interest and represented CISP/LG&RDD with full concentration. He spent all the time with field staff and provided his expertises whenever needed. He personally visited the fruit preservation centers established by CSP field team and community members with deep concern. Monitoring and program completion report is attached with as Annexure E.

Evaluation:

Training program was thoroughly evaluated by the M.Hammayun Khan Project Director CISP/LG&RDD, Mr. Tahir Iqbal Account Officer and Mr. Khurshid Ahmed DD HRD CISP/LG&RDD jointly during their visit to Bagh. They appreciated the program and recommended some extra activities to be done in future by CSP.

The community also evaluated training program itself, as they liked that and demanded such type of workshops to be arranged in future also. Press and electronic media (Newspapers and TV) had given it special coverage in their special additions.

At the end of every training event, evaluation forms were distributed among the participants to assess the training program achievements. Most of the participants responded satisfactory and some demanded more such type of trainings in near future.







Lessons Learned:

There is a plenty of preserve able amount of local fruit and vegetable. However, lack of awareness and marketing methods were identified as main reasons for the spoilage of such a big income resource. Community activists are interested to preserve fruit and vegetables at local level but are unable to initiate fruit preservation and its marketing. It was also observed that relevant line departments lack the technical expertise as required in this context. Local NGOs have not sufficient resources to support and adopt it as a part of income generation activity to make it sustainable.

Recommendations:

1. Internal personal contacts with the community

This is the most effective technique of establishing credibility of CISP/LG&RDD, winning confidence, mobilizing, inspiring, and involving community in the fruit processing, preservation and marketing at either local or international level and preparing it to take over the sub projects.

2. Walks

Awareness walks should be organized in different cities. The community members, especially female participation in the walk should be ensured. Local politicians, social workers, and civil society should also be persuaded to join/lead the walk.

3. Lobbing.

CISP/LG&RDD should arrange seminars, orientation workshops and exhibitions in collaboration with line departments particularly agriculture department for awareness rising. At the same time female should display fruit preserved products at the specified public places.

4. Printed Material

Printed materials like booklets, leaflets, brochures, and posters having fruit preservation and marketing messages should be produced for the guidance of CBOs, community key persons and general public.

5. News letter

CISP/LG&RDD should publish a monthly bulletin/newsletter in Urdu and English languages. It should focus all the stake holders and CISP. All the news related to fruit preservation and marketing activities carried out by female activists along with pictures should be published in this News Letter. It should be circulated to all CBOs of AJK







Community Infrastructure Services Programme (CISP)

Local Government & Rural Development Department (LG & RDD)

Three days Training Programme on

"Fruit Processing, Presentation and Marketing".

Date 06-08,11, 2008 venue Agriculture Training Hall Dhirkot Bagh AK

S.No	Name Participant	Name CBO	Village	Markez	District
1.	Shazia Parveen	Dhirkot	Dhirkot	Dhirkot	Bagh
2.	Shahida Bano	Dhirkot	Dhirkot	Dhirkot	Bagh
3.	Farah Zahoor	Dhirkot	Dhirkot	Dhirkot	Bagh
4.	Yasmin	Dhirkot	Dhirkot	Dhirkot	Bagh
5.	Fozia Mushtaq	Rengoli	Rengoli	Dhirkot	Bagh
6.	Ishrat Niaz	Rengoli	Rengoli	Dhirkot	Bagh
7.	Rahila Hnif	Rengoli	Rengoli	Dhirkot	Bagh
8.	Fozia Gulzar	Rengoli	Rengoli	Dhirkot	Bagh
9.	Sobia Naseem	Rengoli	Rengoli	Dhirkot	Bagh
10.	Shaheen Akhter	Rangla	Rangla	Dhirkot	Bagh
11.	Emat-un-Nisa	Ghazi Abad	Ghazi Abad	Dhirkot	Bagh
12.	Habiba Khatoon	Ghazi Abad	Ghazi Abad	Dhirkot	Bagh
13.	Sana Gul	Ghazi Abad	Ghazi Abad	Dhirkot	Bagh
14.	Bushra Hiat	Ghazi Abad	Ghazi Abad	Dhirkot	Bagh
15.	Shaheen Akhter	CISP	Dhirkot	Dhirkot	Bagh
16.	Sadia Azad	Bagh	Bagh	Dhirkot	Bagh
17.	Samira Kanwal	Kotly	Kotly	Dhirkot	Bagh
18.	Nagina Tariq	Kotly	Kotly	Dhirkot	Bagh
19.	Tahira Umer	Kotly	Kotly	Dhirkot	Bagh
20.	Razmin Akhter	Kotly	Kotly	Dhirkot	Bagh
21.	Asma Zahor	Kotly	Kotly	Dhirkot	Bagh
22.	Mubina Gulzar	Kotly	Kotly	Dhirkot	Bagh
23.	Iqra Razaq	Kotly	Kotly	Dhirkot	Bagh
24.	Nazia	Chamyati	Chamyati	Dhirkot	Bagh
25.	Rizwana Abbasi	Chamyati	Chamyati	Dhirkot	Bagh
26.	Asma kirn	Chamyati	Chamyati	Dhirkot	Bagh'
27.	Ishrat Arif	Rangli	·Rangli	Dhirkot	Bagh
28.	Shamim Akhter	Rangli	Rangli	Dhirkot	Bagh
29.	Tahira Ijaz	Rangli	Rangli	Dhirkot	Bagh
30.	Noror Arif	Rangli	Rangli	Dhirkot	Bagh
31.	Farmoda Begum	Chamyati	Chamyati	Dhirkot	Bagh
32.	Zaliha Begum	Chamyati	Chamyati	Dhirkot	Bagh
33.	Safeeda Begum	Chamyati	Chamyati	Dhirkot	Bagh
34.	Afsana kosar	Kotli	Kotli	Dhirkot	Bagh
35.	Misbah Mehtab	Kotli	Kotli	Dhirkot	Bagh
36.	Samina Begum	Rangla Khas	Rangla Khas	Dhirkot	Bagh
37.	Shehnaz Akhter	Chooti Bail	Chooti Bail	Dhirkot	Bagh
38.	Rabia Manzor	Chooti Bail	Chooti Bail	Dhirkot	Bagh







39.	Saira Afsar	Qadimi	Qadimi	Dhirkot	Bagh
40.	Abida Farooq	Rengoli	Rengoli	Dhirkot	Bagh
41.	Zetoon Bibi	Kotli	Kotli	Dhirkot	Bagh
42.	Anwar Begum	Rengoli	Rengoli	Dhirkot	Bagh
43.	Amrizan Liaqat	Chamyati	Chamyati	Dhirkot	Bagh
44.	Aysha Bibi	Dhirkot	Dhirkot	Dhirkot	Bagh
45.	Naheed Altaf	Dhirkot	Dhirkot .	Dhirkot	Bagh
46.	Nelofer Shabir	Dhirkot	Dhirkot	Dhirkot	Bagh
47.	Fatima Bibi	Rengoli	Rengoli	Dhirkot	Bagh
48.	Sabahat Khan	Rengoli	Rengoli	Dhirkot	Bagh
49.	Shehzadi Nisar	Rangla	Rangla	Dhirkot	Bagh
50.	Kalsoom Akhter	Dhirkot	Dhirkot	Dhirkot	Bagh
51.	Shugfta Aziz	Dhirkot	Dhirkot	Dhirkot	Bagh
52.	Shaista Qyum	Kotli	Kotli	Dhirkot	Bagh
53.	Gulzar Bibi	Kotli	Kotli	Dhirkot	Bagh
54.	Kirn Ayub	Rangla	Rangla	Dhirkot	Bagh
55.	Mehnaz Qyum	Kotli	Kotli	Dhirkot	Bagh
56.	Sadia kalsoom	Rangla	Rangla	Dhirkot	Bagh
57.	Sobia	Rengoli	Rengoli	Dhirkot	Bagh
58.	Nasima Bibi	Rangla	Rangla	Dhirkot	Bagh
59.	Amna	Ghaziabad	Ghaziabad	Dhirkot	Bagh







Community Infrastructure Services Programme (CISP)

Local Government & Rural Development Department (LG & RDD)

Three days Training Programme on

"Fruit Processing, Presentation and Marketing".

Date 09-11,11, 2008 venue Hotel Dewan Aziz Bagh AK

S.No	Name Participant	Name CBO	Village	Bagh	District
1.	Yasmin But	Sir Syedan	Sir Syedan	Bagh	Bagh
2.	Zeenat Hamiza	Bhont	Bhont	Bagh	Bagh
3.	Saiga Aashig	Sir Syedan	Sir Syedan	Bagh	Bagh
4.	Shabana Parvez	Bhont	Bhont	Bagh	Bagh
5.	Sadia Almas	Bhont	Bhont	Bagh	Bagh
6.	Saima Bibi	Basiara	Basiara	Bagh	Bagh
7.	Maria Altaf	Hari Gehl	Hari Gehl	Bagh	Bagh
8.	Sadaf	Aamid	Aamid	Bagh	Bagh
9.	Huma Ijaz	Basiara Rawly	Basiara Rawly	Bagh	Bagh
10.	Hamaira	Basiara Rawly	Basiara Rawly	Bagh	Bagh
11.	Shaista Liaqat	Basiara Rawly	Basiara Rawly	Bagh	Bagh
12.	Fahra Begum	Sir Syedan	Sir Syedan	Bagh	Bagh
13.	Amna Aslam	Sir Syedan	Sir Syedan	Bagh	Bagh
14.	Shaheen Akhter	CISP	Bagh	Bagh	Bagh
15.	Shimra Manzor	Bhont Islamnager	Bhont Islamnager	Bagh	Bagh
16.	Soonia yaqoob	Bhont Islamnager	Bhont Islamnager	Bagh	Bagh
17.	Aalia Imdad	Bhont Islamnager	Bhont Islamnager	Bagh	
18.	Rehana Manzoor	Bhont Islamnager	Bhont Islamnager	Bagh	Bagh
19.	Anyat Bibi	Bhont Islamnager	Bhont Islamnager	Bagh	Bagh
20.	Saira Yaqoob	Bhont Islamnager	Bhont Islamnager		Bagh
21.	Syeda Fardos kosar	Basiara	Basiara	Bagh	Bagh
22.	Noshaba Akram	Basiara Rawly	Basiara Rawly	Bagh	Bagh
23.	Shahida	Bhont Islamnager	Bhont Islamnager	Bagh	Bagh
24.	Ghazala Amin	Mahra	Mahra	Bagh	Bagh
25.	Syeda aamra	Bhont kina	Bhont kina	Bagh	Bagh
26.	Anila Noshin	Bagh		Bagh	Bagh
27.	Zahira Ismail	Bagh	Bagh	Bagh	Bagh
28.	Mahin Mukhtiar	Bagh	Bagh	Bagh	Bagh
29.	Maria Ikhtiar	THE RESERVE THE PARTY OF THE PA	Bagh	Bagh	Bagh
30.	Neghat Parveen	Bagh	Bagh	Bagh	Bagh
31.	Urooj Tasneem	Bagh	Bagh	Bagh	Bagh
32.	Tahira Ismail	Bagh	Bagh	Bagh	Bagh
33.		Bagh	Bagh	Bagh	Bagh
34.	Shamila Tariq	Kotira	Kotira	Bagh	Bagh
34.	Sana Gul	Amid ·	Amid	Bagh	Bagh
	Yasmin	Hari Gehal	Hari Gehal	Bagh	Bagh
36.	Nisa	Qandil kaloni	Qandil kaloni	Bagh	Bagh







37.	Aishal Bibi	Qandil kaloni	Qandil kaloni	Bagh	Bagh
38.	Mehnaz	Bagh .	Bagh	Bagh	Bagh
39.	Qadsia Ahmad	mahajra	mahajra	Bagh	Bagh
40.	Sandus Anwar	Mahajra	Mahajra	Bagh	Bagh
41.	Maria Syed	Mahajra	Mahajra	Bagh	Bagh
42.	Shaheen Akhter	Mahajra	Mahajra	Bagh	Bagh
43.	Faiza Gardizi	Mahajra	Mahajra	Bagh	Bagh
44.	Samina Baig	Choki	Choki	Bagh	Bagh
45.	Shamim Mir Ahmad	Mahra	Mahra	Bagh	Bagh
16.	Robina Gul	Mahra	Mahra	Bagh	Bagh
47.	- Mariam Sadiq	D.H.Q	D.H.Q	Bagh	Bagh
18.	Ansa Arsad	D.H.Q	D.H.Q	Bagh	Bagh
19.	Hamira Sadiq	D.H.Q	D.H.Q	Bagh	Bagh
50.	Seemab Ashfaq	Fwajgan	Fwajgan	Bagh	Bagh
51.	Misbah Naseem	Qandeel Kaloni	Qandeel Kaloni	Bagh	Bagh
52.	Saiga Sabir	Bhont Kina	Bhont Kina	Bagh	Bagh
53.	Nadia Yagoob	Bhont Kina	Bhont Kina	Bagh	Bagh
54.	Soobia Mangta	Bagh '	Bagh	Bagh	Bagh
55.	Baht Noor	Hari Gehl	Hari Gehl	Bagh	Bagh
56.	Uzma	Hari Gehl	Hari Gehl	Bagh	
57.	Mariam Nazir	Bagh			Bagh
58.	Saima Akram	Kotaira	Bagh Kotaira	Bagh	Bagh
59.				Bagh	Bagh
	Tanwiran Begum	Basiara	Basiara	Bagh	Bagh
60.	Sakina	Pall	Pall	Bagh	Bagh
61.	Batol	Huler Syedan	Huler Syedan	Bagh	Bagh
62.	Shakila	Mahra	Mahra	Bagh	Bagh
63.	Samira	Mahra	Mahra	Bagh	Bagh
64.	Sajda	Mahra	Mahra	Bagh	Bagh
65.	Safina	Mahra	Mahra	Bagh	Bagh
66.	Atiqqa	Bagh	Bagh	Bagh	Bagh
67.	Fehmida Ali	Basiara	Basiara	Bagh	Bagh
68.	Asmat Fazil	Amid	Bagh	Bagh	Bagh
69.	Noorin Akhter	Amid	Bagh	Bagh	Bagh
70.	Saima Anjam	Hullar Syedan	Bagh	Bagh	Bagh
71.	Shazia Naz	Hari Gehl	Hari Gehl	Bagh	Bagh
72.	Zohra Ahmad	Kotira Mustihan	Kotira Mustihan	Bagh	Bagh
73.	Saima Niaz	Kotira Mustihan	Kotira Mustihan	Bagh	Bagh
74.	Shazia Tabasum	Kotiri Taflo Khan	Kotiri Taflo Khan	Bagh	Bagh
75.	Mehnaz	Kotiri Taflo Khan	Kotiri Taflo Khan	Bagh	Bagh
76.	Sbiha Khanim	Kotiri Taflo Khan	Kotiri Taflo Khan	Bagh	Bagh
77.	Shaheen Tahira	Kotiri Taflo Khan	Kotiri Taflo Khan	Bagh	Bagh
78.	Rozina Kosar	Bhont Islam Nagar	Bhont Islam Nagar	Bagh	Bagh
79.	Asifa Fazal	NRSP	Bagh	Bagh	Bagh
80.	Razia Altaf	NRSP	Bagh	Bagh	Bagh
81.	Syeda Kirn Gardizi	Hullar Syedan	Bagh	Bagh	Bagh
82.	Zaheen Amir	Hullar Syedan	Hullar Syedan	Bagh	Bagh
83.	Nazmin Ghani	Hullar Syedan	Hullar Syedan	Bagh	Bagh
84.	Zobia Gardizi	Local Govt.	Local Govt.	Bagh	Bagh
85.	Sadaf Aziz	Bhont Islam Nagar	Bhont Islam Nagar	Bagh	Bagh
86.	Zahida Javed	Bhont Islam Nagar	Bhont Islam Nagar	Bagh	Bagh







87.	Samina	Hullar Syedan .	Hullar Syedan	Bagh	Doob
88.	Taiba Gardizi	Hullar Syedan	Hullar Syedan		Bagh
89.	Tahira Bibi	Hullar Syedan		Bagh	Bagh
90.	Soonia Sadig	Dhuli	Hullar Syedan	Bagh	Bagh
91.	Safina Bibi	Dhuli	Dhuli	Bagh	Bagh
92.	Saiqa Kazmi		Dhuli	Bagh	Bagh
93.	Sajida Kazmi	Hari Gehl	Hari Gehl	Bagh	Bagh
94.	Qudsia	Hari Gehl	Hari Gehl	Bagh	Bagh
95.		Bhont	Bhont	Bagh	Bagh
96.	Fahra Bibi	Bhont	Bhont	Bagh	Bagh
	Shazia Aziz	Bhont	Bhont	Bagh	Bagh
97.	Musrat Bibi	Bhont	Bhont	Bagh	Bagh







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S.No	Name Participant	Name CBO	Village	Markez	District
1.	Azhra Bukhari	Kahuata	Kahuata	Forward Kahuata	Bagh
2.	Rashida Gillani	Kahuata	Kahuata	Forward Kahuata	Bagh
3.	Rizwana Gillani	Kahuata	Kahuata	Forward Kahuata	Bagh
4.	Tahira pervin	Kahuata		Forward Kahuata	Bagh
5.	Syeda Shamida Bano	Bagh	Bagh	Forward Kahuata	Bagh
6.	Saima Kosar	Kahuata.	Kahuata	Forward Kahuata	Bagh
7.	Abida khaton	Bagh	Bagh	Forward Kahuata	Bagh
8.	Arhsaad Bukhari	Kahuata	Kahuata	Forward Kahuata	Bagh
9.	Nasreen Akhter	Kahuata	Kahuata	Forward Kahuata	Bagh .
10.	Safina Khaton	Soli	Soli	Forward Kahuata	Bagh
11.	Rahila Bukhari	Renkari	Renkari	Forward Kahuata	Bagh
12.	Tanveer Akhtar	Renkari	Renkari	Forward Kahuata	Bagh
13.	Shameem Akhter	Renkari	Renkari	Forward Kahuata	Bagh
14.	Tasleem Akhter	Renkari	Renkari	Forward Kahuata	Bagh
15.	Asia Farooqi	Renkari	Renkari	Forward Kahuata	Bagh
16.	Kosar bukhari	Renkari	Renkari	Forward Kahuata	Bagh
17.	Gulshan Bibi	Soli	Soli	Forward Kahuata	Bagh
18.	, Nasreen Akhtar	Soli	Soli	Forward Kahuata	Bagh
19.	Gulzar Fatima	Ghakar	Ghakar	Forward Kahuata	Bagh
20.	Noran Bibi	Ghakar	Ghakar	Forward Kahuata	Bagh
21.	Shehnaz	Ghakar	Ghakar	Forward Kahuata	Bagh
22.	Simab Akhtar	Pallan	Pallan	Forward Kahuata	Bagh
23.	Shugfta	Pallan	Pallan	Forward Kahuata	Bagh
24.	Sehrish	Kahuata	Kahuata	Forward Kahuata	Bagh
25.	Rahim Zaman	Soli	Soli	Forward Kahuata	Bagh
26.	Akhtar Bibi	Pallan	Pallan	Forward Kahuata	Bagh
27.	Shafiq mlk	Pallan	Pallan	Forward Kahuata	Bagh
28.	Tasneem Bibi	Pallan	Pallan	Forward Kahuata	Bagh
29.	Shakila tabsum	Pallan	Pallan	Forward Kahuata	Bagh
30.	Saira Aslam	Soli	Soli	Forward Kahuata	Bagh
31.	Uzma Bibi	Soli	Soli	Forward Kahuata	Bagh
32.	Noor Arif	Kahuata	Kahuata	Forward Kahuata	Bagh
33.	Alma Aftab	Soli	Soli	Forward Kahuata	Bagh
34.	Saeeda Begum	Soli	Soli	Forward Kahuata	Bagh
35.	Ageela Begum	Soli	Soli	Forward Kahuata	Bagh
36.	Kosar Jan	Pallan	Pallan	Forward Kahuata	Bagh
37.	Gulzar Rahim	Pallan	Pallan	Forward Kahuata	Bagh
38.	Kalffa Bibi	Pallan	Pallan	Forward Kahuata	Bagh







39.	Sadia mlk	Pallan	Pallan	Forward Kahuata	Bagh
40.	Aamra Baatol	Pallan	Pallan	Forward Kahuata	Bagh
41.	Zaliha Jan	Pallan	Pallan	Forward Kahuata	Bagh
42.	Janat Noor	Pallan	Pallan	Forward Kahuata	Bagh
43.	Begum jan	Pallan	Pallan	Forward Kahuata	Bagh
44.	Guloo Zaman	Kahuata	Kahuata	Forward Kahuata	Bagh
45.	Fahra Arshad	Kahuata	Kahuata	Forward Kahuata	Bagh
46.	Saghir Begum	Kahuata	Kahuata	Forward Kahuata	Bagh
47.	Kaliman Shaheen	Kahuata	Kahuata	Forward Kahuata	Bagh
48.	Sahheen Akhtar	Kahuata	Kahuata	Forward Kahuata	Bagh
49.	Sahifa Begum	Behadi	Behadi	Forward Kahuata	Bagh
50.	Salma tabsam	Behadi	Behadi	Forward Kahuata	Bagh
51.	Nazrat Hamdani	Behadi	Behadi	Forward Kahuata	Bagh
52.	Syeda Nusrat Rehana	Behadi	Behadi	Forward Kahuata	Bagh
53.	Yasmeen Bukhari	Behadi	Behadi	Forward Kahuata	Bagh
54.	Rabia Rafiq Bukhari	Kahuata	Kahuata	Forward Kahuata	Bagh
55.	Razia Shaheen	Kahuata	Kahuata	Forward Kahuata	Bagh
56.	Nargas jan	Kahuata	Kahuata	Forward Kahuata	Bagh
57.	Shahida Farooq Gilllani	Kahuata	Kahuata	Forward Kahuata	Bagh
58.	Safina Saif	Kahuata	Kahuata	Forward Kahuata	Bagh
59.	Murtaza Sadiq	Kahuata	Kahuata	Forward Kahuata	Bagh
60.	Anjman Shaheen	Renkari	Renkari	Forward Kahuata	Bagh
61.	Masrat Wazir Ali	Renkari	Renkari	Forward Kahuata	Bagh
62.	Rehmat Jan	Renkari	Renkari	Forward Kahuata	Bagh
63.	Najma Kosar	Renkari	Renkari	Forward Kahuata	Bagh
64.	Ghazala Latif	Digwar .	Digwar	Forward Kahuata	Bagh
65.	Shamshad Bukhari	Digwar	Digwar	Forward Kahuata	Bagh
66.	Samina Bukhari	Pallan	Pallan	Forward Kahuata	Bagh
67.	Shazia Manzor	Renkari	Renkari	Forward Kahuata	Bagh
68.	Sadia Fazal Shiekh	Renkari	Renkari	Forward Kahuata	Bagh







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1.	Fatima Begum	Renkari	Renkari	Forward Kahuata	Bagh
2.	Asia Mushtaq	Renkari	Renkari	Forward Kahuata	Bagh
3.	Gulzar Begum	Renkari	Renkari	Forward Kahuata	Bagh
4.	Nabeela Igbal	Pallan	Pallan*	Forward Kahuata	Bagh
5.	Zaib-u-Nisa	Pallan	Pallan	Forward Kahuata	Bagh
6.	Shabnam Bashir	Soli	Soli	Forward Kahuata	Bagh
7.	Aneed	Soli	Soli	Forward Kahuata	Bagh
8.	Abida Naz	Soli	Soli	Forward Kahuata	Bagh
9.	Aalia Ashraf	Pallan	Pallan	Forward Kahuata	Bagh
10.	Aasmin Bukhari	Renkari	Renkari	Forward Kahuata	Bagh
11.	Razia Begum	Pallan	Pallan	Forward Kahuata	Bagh
12.	Almas Mehmood	Pallan	Pallan	Forward Kahuata	Bagh
13.	Nusrat Parveen	Kahuata	Kahuata	Forward Kahuata	Bagh
14.	Refhat Ayub	Kahuata	Kahuata	Forward Kahuata	Bagh
15.	Rashida Ayub	Kahuata	Kahuata	Forward Kahuata	Bagh
16.	Robina Farooq	Kahuata	Kahuata	Forward Kahuata	Bagh
17.	Shamshad Fareed Gillani	Ghakar	Ghakar	Forward Kahuata	Bagh
18.	Zahida kanwal	Ghakar	Ghakar	Forward Kahuata	Bagh
19.	Irm Naz	Pallan	Pallan	Forward Kahuata	Bagh
20	Robina Begum	Pallan	Pallan	Forward Kahuata	Bagh
21.	Nooshin Akhter	Soli	Soli	Forward Kahuata	Bagh
22.	Azhra Altaf	Soli	Soli	Forward Kahuata	Bagh
23.	Memona Waheed	Soli	Soli	Forward Kahuata	Bagh
24.	Sajida Gillani	Pallan	Pallan	Forward Kahuata	Bagh
25.	Zarina Talib	Pallan	Pallan	Forward Kahuata	Bagh ·
26.	Salma-nisa	Pallan	Pallan	Forward Kahuata	Bagh .
27.	Saheen	Ghakar	Ghakar	Forward Kahuata	Bagh
28.	Razwana Aslam	Ghakar	Ghakar	Forward Kahuata	Bagh
29.	Shahida Kosar	Renkari	Renkari	Forward Kahuata	Bagh
30.	Zulfan Bibi	Renkari	Renkari	Forward Kahuata	Bagh
31.	Tahira Bibi	Renkari	Renkari	Forward Kahuata	Bagh
32.	Rahila Bibi	Renkari	Renkari	Forward Kahuata	Bagh
33.	Saima Mushtaq	Pallan	Pallan	Forward Kahuata	Bagh
34.	Aneesa Bukhari	Pallan	Pallan	Forward Kahuata	Bagh
35.	Aasma Zaman	Ghakar	Ghakar	Forward Kahuata	Bagh







36.	Janat Mehbooba	Ghakar	Ghakar	Forward Kahuata	Bagh
37.	Sultana Rahim	Soli	Soli	Forward Kahuata	Bagh
38.	Aisha Aalim	Soli	Soli	· Forward Kahuata	Bagh
39.	Nagna Naz	Pallan	Pallan	Forward Kahuata	Bagh
40.	Aamna Bibi	Pallan	Pallan	Forward Kahuata	Bagh
41.	Hansa Mir	Fate Pure	Fate Pure	Forward Kahuata	Bagh
42.	Khalida Begum	Fate Pure	Fate Pure	Forward Kahuata	Bagh
43.	Majeefa Akhtar	Fate Pure	Fate Pure	Forward Kahuata	Bagh
44.	Noosheen Kiani	Fate Pure	Fate Pure	Forward Kahuata	Bagh
45.	Mehboba Bukhari	Soli	Soli	Forward Kahuata	Bagh
46.	_Farzana Kosar	Soli	Soli	Forward Kahuata	Bagh
47.	Farah Akhtar	Soli	Soli	Forward Kahuata	Bagh ·
48.	Khadim Bibi	Pallan	Pallan	Forward Kahuata	Bagh
49.	Qasima Malik	Pallan	Pallan	Forward Kahuata	Bagh
50.	Gul Zareen Bibi	Soli	Soli	Forward Kahuata	Bagh
51.	Baht Jan	Pallan	Pallan	Forward Kahuata	Bagh
52.	Safina Mir Zaman	Fate Pure	Fate-Pure	Forward Kahuata	Bagh
53.	Khatoon Aslam	Degwar	Degwar	Forward Kahuata	Bagh
54.	Hina Begum	Degwar	Degwar	Forward Kahuata	Bagh
55.	Sattar Begum	Naga Nari	Naga Nari	Forward Kahuata	Bagh
56.	Khurshid Begum	Naga Nari	Naga Nari	Forward Kahuata	Bagh
57.	Arfa Shaheen	Naga Nari	Naga Nari	Forward Kahuata	Bagh
58.	Sabiha jan	Naga Nari	Naga Nari	Forward Kahuata	Bagh
59.	Fatima Tabasum	Naga Nari	Naga Nari	Forward Kahuata	Bagh
60.	Aqila Shaheen	Pallan	Pallan	Forward Kahuata	Bagh
61.	Safina Bibi	Pallan	Pallan	Forward Kahuata	Bagh
62.	Azra yasmin	Degwar	Degwar	Forward Kahuata	Bagh
63.	Toosifa Begum	Kahuata	Kahuata	Forward Kahuata	Bagh
64.	Noor Arif	Kahuata	Kahuata	Forward Kahuata	Bagh







کمیونی انفراسٹر پجرسروسز پروگرام (CISP) لوکل گورنمنٹ ددین تن آزاد شیر (LGRDD) وجلسٹولینسن فارق

~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~	نام شریک تربیت ۔۔۔۔۔۔۔۔۔۔	_1
	- تغايم	
	CBOCt	
_3	اس تقبل حاصل كرده تربيتون كي تفصيل كصية	۲
~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~		
	_ اس تربیت ہے آپ کو کیا فائدہ ہوگا۔۔۔۔	۵
	be !	
ري کے ۔۔۔۔۔۔۔۔۔۔۔۔۔۔۔۔۔۔۔۔۔۔۔۔۔۔۔۔۔۔۔۔۔۔۔	آپگریلو طیراس تربیت کا استعال کیے کر	٢.







### روزانه جائزه فارم

زیانظام: کمیونتی سروسز پروگرام (CSP) آزاد کشمیر

ا۔ آج تربیتی ورکشاپ کے انتظامات کیے تھے۔

ا۔ اچھے ۲۔ اچھنیں ۳۔ بہت بہتر

۲- آج ريبورس پرسنز کاروبيکيساتها؟

ا۔ اچھا ۲۔ اچھانہیں ۳۔ بہتاجھا

س_ کیا آج تربیت کے دوران مملی مثق ہے آپ کوکوئی فائدہ حاصل ہوا۔

ا۔ فائدہ ہوا ۲۔ فائدہ نہیں ہوا۔ سے بہت فائدہ ہوا۔

٣- كهانے كانظامات كيے تھى؟

ا۔ تیلی بخش ۲۔ غیرتلی بخش ۳۔ بہت تیلی بخش

۵۔ کل آپ کیائی چز سیمنا چاہے ہیں؟









## کیونی انفر اسٹر پچر مرومز پر وگرام (CISP) لوکل گورنمنٹ دو یہی ترتی آزاد تثیر (LGRDD)

	نام رُك ريت	- そった
_0	سیب کاجیم بنانے کے لیے کن اجزء کی ضرورت ہوتی ہے۔ ۱۔ ۲۔ ۳۔ ۳۔ ۲۔ ۲۔ ۲۔ ۲۔ ۲۔ ۲۔ ۲۰ کی فیرورت ہوتی ہے۔ ۲۔ ۲۔ ۲۔ ۲۔ ۲۔ کی کتنا دورانید در کار ہوتا ہے۔ کی کتنا دورانید در کار ہوتا ہے۔	-1-بنر منبر-2-
-0	ان مقامی بھلوں کے نام کو کھیں جنہیں خشک کر کے مارکیٹ میں فروخت کیا جاسکتا ہے۔ ا۔ ۲۔ سے ک	ئبر-3-
	مقای مشہور کھاوں کے نام کھیں۔ مقامی مشہور کھاوں کے نام کھیں۔ کیا آپ اس تربیت کے انتظامات کے بارے میں اپنی رائے دیں۔	سنمبر-4- سنمبر-5-
	آپ نے اس تربیت میں کیائی چزیں سیمیں۔	ىنبر-6-
	آپ نے کس ٹرییز ہے سب بہتر انداز میں کیھا؟	س نبر-7-
	مستقبل میں ایسے تربیتی پروگراموں کو مزید موثر بنانے کے لیے اپنی تجاویز دیں؟  " " " " " " " " " " " " " " " " " "	سنبر-8-
	اپمان پون و دو رساد کاری کاری کاری کاری کاری کاری کاری کاری	سنبر-9-







#### جائزہ /Evaluationرپورٹ

ضلع باغ آزاد کشمیر کے تین مقامات (دھیرکوٹ، باغ اور فارورڈ کہوٹہ) میں تربیتی پروگرام بعنوان " "فروٹ پروسینگ پریزرویش اینڈ مارکیٹنگ" کا انعقاد بیعاون محکمہ لوکل گورنمنٹ ودیہی ترقی / کمیونٹی انفراسٹر پکچر سروسز پروگرام (CISP) اور عالمی بنک کرانے کی ذمہ داری کمیونٹی سروسز پروگرام (CSP) آزاد کشمیر کوسونپی گئے۔جسکی سگرانی/ مانیٹرنگ کے لیے راقم الحروف (خورشیدا حمد خان ڈپٹی ڈائز یکٹر HRD, CISP) کو مامورکیا گیا۔

کمیونی سروسز پروگرام (CSP) آزادکشمیر کی ٹیم نے متذکرہ تین مقامات پر تین تین روزہ چار تر بیتوں کا انعقاد کیا جس میں شہروں اور دیہا توں سے CBOs کی خواتین ممبران نے بھاری تعداد میں شرکت کی۔تقریباً ہرتر بیت میں 85سے زائدخواتین ممبران نے شرکت کی۔

تربیت کے دوران عملی مثق ،لیکچرز اورسیشن کے ذریعے خواتین کومقامی سپلوں اورسبزیوں کوضا کع ہونے سے بچانے کے لیےان سے نگی اشیا تیار کر کے مارکیٹ میں متعارف کرانے کی عمل مثق بھی کرائی گئی۔

نیزید که CSP نے فیلڈ میں گیارہ ایسی مقامی کمیونی شاپس تیار کروائیں۔ جہاں خواتین مقامی پھلوں اور سبزیوں سے تیار کردہ اشیاء نمائش کے لیے آویزاں کرسکیں گی۔اور عام لوگ خرید سکیں گے۔ان میں سے ایک کمیونی شاپ کا جناب محمد ہمایوں خان صاحب پراجیکٹ ڈائر کیٹر CISP اور جناب طائر اقبال صاحب نے خود موقع پر جاکر جائزہ/معائنہ بھی کیا۔

متذکرہ پروگرام کے دوران CSP نے باغ کے مقام پرایک روزہ نمائش کا بھی اہتمام کیا۔جس میں دیجے ہوں میں دیجے والے معززین CBO's ممبران اورخواتین کی بھاری تعداد نے شرکت کی۔اورخواتین کی تیار کردہ اشیاء خریدیں۔لوگوں نے اس بروگرام کو بے حدسرہا۔

راقم الحروف اسی طرز کی ورکشاپس دیگراصلاع میں بھی منعقد کرانے کی تجویز دینا ضروری سجھتا ہے۔ کیونکہ اس طرح کے بروگرامز سے لوگوں کو بے شار فائدہ ہوگا۔جبکا تا حال ملک بے ٹمرر ہاہے۔

المراحد خان بخورشیدا حمد خان به المراحد به المرا







### كيونى انفراسر كرمروسز پروگرام (CISP) لوکل گورنمنٹ دویمی ترقی آزاد کشیر (LGRDD)

شرین که شید ول تین روزه تربیت برائے فعال کارکنان CBOs ضلع باغ آزاد شمیر فروٹ پروسینگ د، پریزرویشن اینڈ مارکیٹنگ

	كيفيت	نام المِكار	تفصيل سيشن	وتت	تمبرشار
	× .	شريكة بيت	تلاوت قر آن ڪيم	9:4509:30	
		كميوني آرگنا ئزر	رجمر يشن، تو قعات، خدشات،	10:1519:45	
			رهنمااصول		
		خورشيداحمد	تنارف LGRDD/CISP	10:40110:15	
		صاحب/CISP	تربیت کے اغراض ومقاصد		
		صديق قريتي			
			حیائے کا وقفہ	11:151:10:40	
		مطلوب حسين صاحب	مقامی میلوں کی اہمیت وافا دیت ،اور	11:45111:15	
			انگینشاندہی		
		میدم شازیه میدم نبیله	بھلوں کو محفوظ کرنے کے طریقے اجملی	1:0011:44	
·.			منانے کاطریقہ		
		میدٔ م شازیه امیدٔ م نبله	سيب كاجيم بنانے كاطريقة	1:45t1:00	
		تركاء	وقفه کھانا/نماز	2:15t1:45	
		مطلوب حسين صاحب	آلو بخارے /خوبانی کاجیم بنانے کا	3:00t2:15	
1			المريقة		
3 *		میژم شازیه امیژم نبله	گروپ درک عملی مثق (سیب کاجیم	3:30:3:00	
			اورآ لو بخارے کا جیم بنانا)		
:		شركاء تربيت	گردپ پریزنگیش	4:00t3:30	
			گروپ پریزنلیش اختیام	4:00	A.S.
	-			:	







### دوسرادن

كيفيت	نام المِكار	تقصيل بيشن	ر وقت	تمبرش
	شريكة بيت	تلاوت قرآن ڪيم	9:4519:30	-
	خورشيداحرصاحب	گزشته دن کے کام کی دہرائی	10:1519:45	
	مطلوب حسين ساحب	مختلف تتم كاحيار بنانے كريق	11:00110:15	
	شركاء	حیائے کا وقفہ	11:15:11:00	
	میدم شازیه امیدم نبله	اخروث كااجار بنانے كاطريقة	12:15:11:15	
	مطلوب حسين ساحب	مختلف مقامی بھلوں کا اجار بنانا اور اسے جار میں محفوظ کرنا	1:0012:15	
	میڈم تبیلہ	ہری مرج کا حیار بنانے کا طریقہ اوراہے محفوظ کر کے مارکیٹ میں متعارف کرانا	1:45:1:00	
		وقفه كهانا /نماز	2:15t1:45	
	مطلوب حسين صاحب	مختلف بیلوں کے مربے بنانے کے طریقے	3:0012:15	
	میدٔم شازیه امیدٔ م نبیله	گروپورک، ملی مشق (گروپ نمبر 1 اخروٹ کا اچار بنانا،	3:30:3:00	
		ر تروپ برا ، روت اله چار بنانا، گروپ نمبر 2 ہرمرج کا اجار بنانا، گروپ نمبر 3 سیب کا مرب بنانا)		
	صديق تريثي	گردپ پر پرښتيش	4:0013:30	
		(گروپنمبر1،گروپنمبر2، گروپنمبر3) اختتام		
		اختآم	4:00	7.







#### المالينسرا الول

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كيفيت	نام المكار	تفصيل سيش	وقت	تمبرشار
	خورشيداحمد	تلاوت قرآن عكيم أكزشته كام كاجائزه	9:45t9:30	
	مطلوب حسين صاحب	بيئكن كامربه بنانے كاطريقة اوراسكى غذائى	10:1519:45	
		اېميت		
,	میژمنیلد	آلو بخارے/ ہری مرج کی چٹنی بنانے کا	11:0010:15	
		طريق		
	شرکاء	حيائے كا وقفہ	11:15t11:00	
	ميدم شازير ميدم نبيله	آلو بخارے اور انگور کا شربت بنانے اور بوتل	11:45011:15	
		میں تفوظ کرنے کا طریقہ		
	ميذم شازيه	ٹماٹر کیپ بنانے اور اسے بوتل میں محفوظ	12:30:11:45	
		كرنے كاطريقة		
	مطلوب حسين صاحب	مختلف سبریوں اور بھلوں کوخشک کر کے	1:00112:30	
		ماركيث مين متعارف كرانا _ (ثماثر، لوبيا،		
-		اخروك، بياز،اورخوباني وغيره)		
	صديق قريثي	گروپ ورک عملی مشق	1:451:00	
		(گروپ نمبر-1 مربد بنانا		
		،گروپ نمبر_2 شریت بنانا،		
		گروپ نمبر۔3 کیچپ بنانا)		1
		وقفه کھانا	2:1511:45	
	شركائے تربیت	گروپ پریز نیش	2:45t2:15	
	مطلب حسين صاحب	مچلوں کو محفوظ کرے تیاراشیاءکو مارکیٹ میں	3:30t2:45	
	صديق قريثي	متعارف کرانے کا طریقہ کاراوراس سے		
		حاصل كرده آمدن كاموازنه كرنا		
	غورشيدصاحب	جائزه تربيت أتقسيم اسناد	3:30	
	CISP			
				-

































شه و كيامه اتبري من كه او افراد كام كريام و مدّر كي گفتار

ے 52 فیصر طبقہ کو مواقع فراہم کے جائیں قدیم ترقی کی شاہراہ پر کا حزن ہو کتے ہیں۔ 15 فیصر طبقہ کو مواقع فراہم کے جائیں 15 فیصر ان کی ایس کے مائیں ان کی ایس کی مائیں کے مائیں کے مائیں کے مائی

52 فیصد طبقہ کو مواقع فراہم کیے جائیں تو ہم پین ا ماریکیا و اور دیگر کمالک کی طرح ترقی کی شاہراہ پر گامن ہو سکتے ہیں ۔ ان خیالات کا اظہار اسٹنٹ کمشز و میر کوٹ چو ہدری گفتار حسین نے کمیونی سردمز خطاب کرتے ہوئے کیا ۔ اس موقع پر محکداوکل کو زمنت خطاب کرتے ہوئے کیا ۔ اس موقع پر محکداوکل کو زمنت چنتا کی واسٹنٹ ڈائز کیشر فراعت داجہ مقبول حسین چنتا کی واسٹنٹ ڈائز کیشر فراعت داجہ مقبول حسین نظیم و رو میا تر سرد ارمنظور محاسی اور دیگر نے قطاب کیا کے دی سرد پر دکرام ان معد لین قریمی پر دیگرام منتج کے دی سرد پر دکرام ان معد لین قریمی پر دیگرام منتج کے دی مرد پر دکرام ان معد لین قریمی پر دیگرام منتج کے دی مرد پر دکرام ان معد لین کو کیالوں کو فشک کرنے قصان کی

راللہ (نمائندہ جناح) ملی ترتی میں خواتین جناوی کرداراداکر کئی ہیں۔خواتین کومردوں کے شانہ بشانہ مناشی ترتی کیلئے کردار اداکرنا ہوگا۔ ملک کے







### **Training Activities in Pictures**



























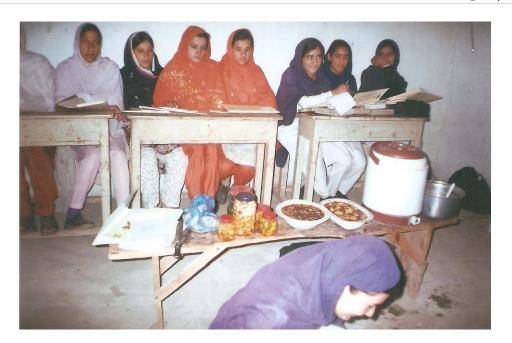




























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